

FOOD STAMPKA QAXOOTIGA SHARCIGA LEH LOOGU TALA GALAY.

WAMAXAY FOOD STAMPKU?

Food stampku waa deeq lacag ah oo cunto lagu iibsado . waxaa lagusiinayaa kaard lacagi ku jirto oo cuuto lagu iibsado.

Aniga ma helikaraa foodstampka ?

Lacagta ku soo gasha waa in ay yartahay , si lagu caawiyo . Mareenkanka waa inaad sharci ku deggan tahay. Uma baahnid in aad noqoto qof da' ah , ama aad carrur yaryar leedahay , ama naafo ah .

Xitaa haddi aad sharci ku daggan tahay Mareenkanka , waxaa dhici karta in aad weeydo foodstampka hadii aad

- 1- Haddii aad tahay qof deggenaashihii sharciyeysnaa(Permanent Residence)ee shanta sano ee ugu horreeya aad haysatid.
- 2- Haddii aad dalbatay (greencarka) oo aad weli sugeesid goaan .
- 3- Aad tahay isdhiibe ama xaaladdaadii hore ee waddanka ku joogtay ayaa wax iska beddeleen ,oo waxaad sugeysaa go'aan aad ka sugeyso immigrationka.
- 4- Ama sharciga aad ku joogto mareenkaka ayaa wax ka dhiman yihiin.

Caruurta daadoodu ka yartahay 18 sano , oo walidkood heystan greenkarka wa la siinkara foodstamps inkastow waalidkoodu haystan sharci joogta ah mudda ka yar shan sano.

Hadii aad ka midtahay dadka kor ku qoran ,waad helikartaa foodstamp hadii aad

- Haddi aad foodstamp heli jirtay lagabilabo bishii july 1 2011.
- Ama aad tahay qof sharciga greenkarka haysta oo cumrigaaga ka yaryahay 18 sano.
- Haddi aad tahay qof naafo ah ama cumriigisu wayn yahay.
- Ama aad tahay qof dhib wayn ku soo gaaray nooloshiisii guurka (DIL).
- Ama aad tahay dhibaate kale qabe oo hay'adda DHHS , soo sheegi doonta dhawan (dhiracda)

U FIIRSO: hay'adda DHHSka waxaa laga yaabaa in caruurta dadka isdhiibay ay wataan in loo arko in ay yihiin dad dhiban.

Wixii su'aal ah oo ku saabsan barnaamijkan fadlan la xariir:

Somali Culture and Development Association.

Tel: 207-233-6014- 207-450-6035

Email address: somaliculture2000@hotmail.com

Maine Equal Justice Partners

Tel: 207- 626-7058 ama 1-866-626-7059