

Help with Prescriptions

Here are some ways that you may get help paying for your prescriptions:

1 - The "Big" Programs

There are state programs like MaineCare, ME Rx Plus, and more, which are based on household composition, income, and sometimes, assets. There are also federal programs like Medicare, for elderly and disabled people. Call our HelpLine at 1-800-965-7476 to see if you may qualify for these programs.

2 - Your Doctor's Office

If you are not eligible for state or federal programs, but still need help paying for prescriptions, all the options can be confusing. If you are having trouble paying for your prescriptions, you should call the doctor's office that prescribed your medicine. Depending on the provider and the prescription, you may get free samples or other help.

3 - The "Smaller" Programs

Some other programs that can help with the cost of prescriptions are hospital or local programs, general assistance through your town office, sliding-scale health centers, and local or retail pharmacy programs. Some of these programs have income or other guidelines for their help, and some do not. Call our HelpLine at 1-800-965-7476 for more information on how to access these programs.

4 - Regional Prescription Assistance Programs

Regional Prescription Assistance Programs can search through their databases to find other programs to help pay for prescriptions. Usually this means applying for help from one of the drug companies that make the drug that you need. Sometimes there are income or asset guidelines. Staff can provide you with free information and help eligible people apply for discounts.

Have you heard about \$4 generics yet?

An easy way to save on prescriptions is by using generics. Generic medications are usually much cheaper than "brand name" drugs and may make it easier to find discounts.

Many big retail store pharmacies have started providing many generic medications for only \$4, regardless of your income or insurance status. Smaller, local pharmacies sometimes have generous discount programs as well.

It's a good idea to call the pharmacies nearest to you and ask about any discount programs that they offer! The back of this page has some places that can also help.

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Consumer Assistance HelpLine:
1-800-965-7476
www.maine cahc.org

PO Box 2490
Augusta, ME
04338-2490

Program Name and Location	Telephone Number	Area Served	Prescribing Doctor
Bar Harbor Mt Desert Island Hospital	(207) 801-5011	Resident of any Maine town	They take prescriptions from out of network doctors willing to join program.
Bridgton Bridgton Hospital	(207) 647-6048	Resident of any Maine town	Doctor must be in their network.
Brunswick Oasis Health Network	(207) 721-9277	Sagadahoc County & nearby towns	Doctors must be in or willing to join the Oasis network.
Caribou Pines Health Service	(207) 498-1245	Bridgewater & north	They take prescriptions from doctors out of network.
Ellsworth Maine Coast Memorial Hospital	(207) 664-5631	Resident of any Maine town	They take prescriptions from doctors out of network.
Franklin County Franklin Memorial Hospital	(207) 778-6031	Franklin County & surrounding towns	They take prescriptions from local doctors if in or willing to join network.
Houlton Houlton Regional Hospital	(207) 532-2900 ext. 639	Houlton area	Doctor must be in their network.
Knox County Knox County Health Clinic	(207) 594-6996	Knox County	Doctor must be in their network.
Presque Isle, Van Buren, Washburn Pines Health Services	(207) 498-1245	Aroostook County	They take prescriptions from doctors out of network
Rumford Rumford Hospital./Swift River	(207) 369-0146 extension #2	Patients of River Valley, Internal Medicine, Swift River Healthcare, Elsmore/Dixfield Family Medicine	Doctor must be in their network.
Sanford Southern ME Health Care	(207) 490-7483	Resident of any Maine town	Doctor doesn't need to be in network.
Skowhegan Redington-Fairview General Hospital	(207) 474-8329	Resident of any Maine town	Doctor must be in the RFGH network or willing to join program.
York York Hospital	(207) 363-4321	Mostly Southern Maine, also nearby parts of New Hampshire and Mass.	They take prescriptions from doctors in or willing to join network.
MedAccess Statewide program	1-877-275-1787	All of Maine	Any doctor willing to work with MedAccess program.



Remember there could be income guidelines and your prescription may not be covered by these programs. Most of these programs work with both uninsured and insured patients but, you will need to call the program nearest you to discuss your specific situation. Be sure to ask if there are other programs that can help you.